

Starters & Light Bites

Homemade soup of the day, served with fresh bread	£ 3.95
Chicken Liver Paté served with Red Onion Marmalade & Melba Toast	£ 4.95
Crab & Ginger Fish Cakes with Chive Crème Fresh	£ 5.95
Whole Grilled Sardines with Citrus Butter	£ 6.25
BBQ Spare Ribs and Salad	£ 5.25
Traditional Prawn Cocktail	£ 4.95
Vegetarian Spring Rolls with Chilli Dip (v)	£ 4.25
Moules Marinière	Small £ 5.95 Large £ 9.95
Wild Garlic Mushrooms (v)	£ 5.50
Breaded Halloumi 'w' Cranberry Sauce (v)	£ 5.00

Main Meals

Homemade pie of the day with seasonal vegetables and today's potatoes *	(£ 5.95 sm)	£ 9.95
Lemon chicken served with saute potatoes & sage sauce		£ 10.95
Baked salmon on a bed of roasted fennel with tarragon dressing		£ 11.95
Freshly beer battered fish of the day 'w' fries, salad, peas & homemade tartar sauce*	SEE BOARD	
Wholetail scampi 'w' salad, fries, peas & homemade tartar sauce*	(£ 5.50 sm)	£ 9.25
Homemade fish pie & salad		£ 8.95
Homemade beef lasagne 'w' salad & crusty bread*	(£ 4.50 sm)	£ 7.95
Hand cut ham with two free-range eggs, salad and chips * (smaller appetite option has one egg)	(£ 4.95 sm)	£ 8.95
Homemade curry of the day, served 'w' rice, naan bread and puppadom *	(£ 4.95 sm)	£ 7.95
Pasta carbonara & crusty bread		£ 8.25
Sausage & Mash 'w' onion gravy		£ 8.95

** All meals marked with an asterisk are available in a smaller portion for big kids*

Don't forget to check our specials board for local produce and seasonal specialities

Aberdeen Angus Burgers

Plain Beef burger (6oz uncooked)	£ 7.25
With cheese	£ 7.75
With cheese and bacon	£ 7.95
Chicken burger with salad & mayonnaise	£ 8.50

All burgers are served with homemade relish, chips and side salad

Steaks

8oz Sirloin Steak served with chips, salad, onion ring, tomato and mushrooms	SEE BOARD
10oz Rib Eye	SEE BOARD
8oz Fillet with wild mushroom sauce	SEE BOARD

Due to the continuing varying prices of Beef please see our specials board for today's price

Weights are appropriate uncooked.

Vegetarian Selection

Homemade roasted Mediterranean vegetable lasagne with salad and crusty bread (v)	£ 7.95
Vegetable frittata, salad and roasted new potatoes (v)	£ 7.95
Leek, walnut & stilton crumble 'w' crusty bread (v)	£ 8.75
Goat's cheese salad 'w' crusty bread (v)	£ 7.95

Side Orders

Garlic Bread (v)	£ 2.50
Side Salad (v)	£ 1.95
Chips (v)	£ 2.50
Portion of Veg (v)	£ 2.25
Crusty Bread & Butter (v)	£ 1.50
Onion Rings (v)	£ 2.25

Ploughman's & Salads

Mixed cheese ploughman's (v)	£ 6.95
Mixed meat ploughman's	£ 6.95
Ham and mature cheddar ploughman's	£ 6.95
Chicken & bacon salad with ceasar dressing	£ 7.75
Garlic shell-on prawn salad	£ 8.50

All ploughman's are served with pickled onions, pickles, apple and crusty bread

Baguettes and Sandwiches

Tuna and cucumber	Bag £ 4.95	S/wich £ 3.95
Egg Mayo and cress (v)	Bag £ 4.50	S/wich £ 3.95
Smoked salmon and horseradish	Bag £ 5.50	S/wich £ 4.45
Mature cheddar and farmhouse pickle (v)	Bag £ 4.50	S/wich £ 3.75
Prawn and seafood sauce	Bag £ 6.50	S/wich £ 4.95
Gammon ham and Dijon mustard	Bag £ 4.95	S/wich £ 3.95

Sandwiches available on white or wholemeal bread, all served with garnish and crisps

Hot Baguettes

Bacon, brie and cranberry	£ 6.95
CLT hot chicken, beef tomatoes and iceberg lettuce with mayonnaise	£ 6.95
Minute steak with fried mushrooms or crumbed Stilton	£ 6.95
Mediterranean roasted vegetables 'w' applewood cheddar (v)	£ 6.95

Please order all your meals at the bar where you will be given an order number

Feeling Indulgent - why not try one of our tasty desserts, see our blackboard for today's selection. And to finish off your meal try one of our speciality coffees or liqueur coffees.

Smaller Appetites and Children

Two egg cheese omelette and chips (v)	£ 3.95
Pasta carbonara with crusty bread	£ 3.95
Small battered cod and chips, served with green round peas	SEE BOARD
Chicken with fresh veg and potatoes, with gravy in a jug on the side	£ 4.50
Pork sausages, real mash and those green round peas again	£ 3.95
Homemade curry of the day	£ 4.95
Homemade Vegetable lasagne with crusty bread (v)	£ 4.50

Infants

Plain Pasta topped with Melting Red Leicester	£ 1.95
Pork sausage, real mash and peas	£ 1.95
Homemade Vegetable lasagne (v)	£ 1.95

Infants aged 0-1yr FREE

Jars of baby food are available with every adult meal purchased

Children's Sandwiches

Mild Cheddar (v)	£ 1.95
Gammon Ham (with the fatty bit cut off!!!!!!)	£ 1.95
Tasty Red Jam (v)	£ 1.95
Tuna & Sweetcorn	£ 1.95

All served on white bread with crusts on and fruit segments (note we do not serve our children's meals with annoying green parsley sprinkled all over them)

(v) Suitable for vegetarians.

Some fish products may contain small bones.

Some of our dishes may contain traces of nut.

All prices are inclusive of VAT. All items are subject to availability.



Menu



The Windmill Inn
Steyne Road Bembridge
Isle of Wight PO35 5UH

Tel: 01983 872875
www.windmill-inn.com

Food served from 12.00pm – 2.30pm
& 5.30pm – 9.00pm everyday

Don't forget Sunday is carvery day
the best in the East !!